



Future-proofing our children

Sunday School Class 1

Lesson Title

Life and death

A Parent's Guide

Sunday School Home Schooling



Dear Parent

Welcome to the “**Life and death**” Sunday School 1 lesson.

This document provides you with a minimum guide on how to present the lesson.

How to prepare and present the lesson

Below are some tips on how to go about preparing and presenting the lesson:

Step	Action
1.	<p>Access the New Apostolic Church Website by keying-in or clicking on the following link from WhatsApp:</p> <p>https://bit.ly/3NACSSHS</p>
2.	<p>Gather the following tools to ensure that you are ready for the lesson:</p> <ul style="list-style-type: none"> • Bible • The PDF lesson that is already prepared • Child’s workbook and pencils, crayons, etc. • The Video Clip which is an additional optional resource tool <p>Note:</p> <p>2.1: An ideal time preferably to present the lesson is after the Sunday morning service in line with the normal Sunday School time to maintain the routine.</p> <p>2.2. Please keep the lesson as concise as possible, bearing in mind the retention span (to focus on the lesson) of our children – you know your child best. <i>Sunday School normally does not exceed 45 minutes.</i></p> <p>2.3: The lessons are class specific (i.e. SS, RI or Confirmation).</p> <p>2.4: Please contact your SS teacher if you need any of the above resources.</p>
3.	<p>Pray (see the prayer at the end of this document) and ask God to use you as a tool to present the lesson the way He would want us to present it.</p>



Present a Sunday School Lesson at Home

How to prepare and present the lesson

We continue to share some tips on how to go about preparing and presenting the lesson:

Step	Action
4.	Create a pleasant (disturbance free) learning environment where you and the children are at the same level <i>Example:</i> Sit on the mat or at a table
5.	Read through the lesson. Re-read the lesson so that you understand it. Watch the video clip of the lesson to get a better understanding of the lesson.
6.	Make notes for yourself on important points that you would like to remember.
7.	Understand the objective of the lesson that your child must remember.
8.	Present the lesson to your child by telling the story. You can even read the story if you like.
9.	Show your child the video and recap on the meaning/purpose of the lesson.
10.	Refer your child to the activity in the child's workbook.
11.	Pray, or ask your child to pray and close the lesson.

Available tools in terms of Home Schooling

Herewith some tools to enhance the quality of the lesson:

1. WhatsApp chat the lesson with another Sunday School 1 family.
2. Discuss with other parents to obtain clarity regarding the lesson before it is presented.
3. Feel free to conduct (do) your own research for additional (extra) information.
4. Contact your congregation Sunday School Coordinator and Teacher for additional information.



The Lesson

Lesson Title	Life and death
Text	No Bible reading
Lesson Objective	The children will learn that Jesus Christ gives life-sustaining power. He will guide and accompany the children through life.

Lesson Summary:

- Dear children I am sure you will agree that this last year has been a difficult year for all of us. Many things happened that we didn't understand.
- Sometimes we felt sad and scared and sometimes we even felt alone.
- Sometimes we felt that nobody understood us and that nobody was able to explain to us what was happening.
- We are taught that we can always speak to our ministers if something is bothering us, but sometimes even the ministers are not able to help us or give us a simple answer that will make us feel better.
- But, there is someone you can tell. He has also suffered greatly. He will understand your worries and give you strength to carry on.
- We are speaking about the Lord Jesus of course.
- Although He died a long time ago, He rose again from the dead.
- This gives us hope and makes us happy.
- We all will die one day, but our soul is immortal, it lives on even when we have died. God then gives our soul a new body. We don't know what this new body looks like, but it is very different from our current body.
- In this way Jesus lives too. You cannot see Him with your natural eyes, but you can experience Him.
- The Lord Jesus wants to be important to us and live in our hearts.
- You might ask: "What must I do to get such a strong belief in Jesus Christ and have such hope in my heart?"



- You will receive this in the divine services as you will experience the closeness of Jesus Christ.
- Through the word of His messengers, the Priests, we will be strengthened.
- We've heard of many people who are very sick and even people who are dying.
- We feel very sorry for the sick people. We cannot imagine how anybody can cope with such a sad situation.
- But, despite their situation many people are still joyful. We don't understand that.
- Although it is not easy for the sick person when they go through pain and suffering, they find comfort and strength in prayer because they have complete faith in Jesus Christ.
- Many children of God like you and me also pray for them and that makes them thankful.
- We can be assured that Jesus Christ knows what we're going through because He also suffered greatly.
- This makes us feel not so alone and allows us to still see the beautiful things around us through all the pain and suffering.

What does this lesson mean for us today?

- The soul is much more important than the body.
- We will all die one day, but our souls will live for eternity
- When we have faith in Jesus Christ, we will be happy and confident that we will see Jesus when He comes again to fetch us.
- The Messengers of God was given to us to show us the way and through them we learn that death is not the end of life.
- We need not fear death, because Jesus Christ lives and has also promised us eternal life.
- To experience Jesus, brings joy, even in times of great pain and sadness.
- One who experiences Jesus Christ, receives strength and courage. Life gets new meaning and we understand what is really important.
- We can be assured that Jesus Christ lives in us and is with us even when we are suffering.
- We do not have to be afraid for the Lord is always with us.



Some questions that we can ask

1. When we die, what happens with our souls?

Answer: Our souls are immortal and lives even when we die, lives for eternity

2. How can we receive comfort and strength and experience Jesus?

Answer: Through the word of God, brought by the Priests in our divine services

3. Why don't we need to fear death?

Answer: Because Jesus lives and has promised us eternal life

4. Do you know of somebody who are sick?

Answer: Do a special prayer for them.

A Prayer for Daddy and Mommy to pray before the lesson:

Dear God, thank you for this day

Bless all parents and children

May we feel your presence

Bless the lesson we will have

Please teach us how to serve you

And help us to do your will

So that we grow closer to you

Send Jesus to fetch us

And may we be ready to meet Him

Amen